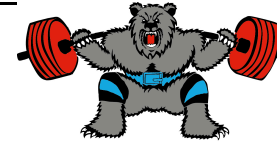




**IRON  
REVOLUTION**

# Iron Revolution Strength Challenge

## INDIVIDUAL EVENT SCORE SHEET



**IRON  
REVOLUTION**

Event: Yoke Date/Time: 12/12/15

	Competitor name:	T-1 (KG)	Time	Distance (m)	T-2 (KG)	Time	Distance (m)
1	Jill Cameron	100	18.68	20m	120	15.35	20m
2	Courtney Eliot	130	13.7	20m	160	15.81	20m
3	Frances Fitzpatrick	150	9.85	20m	180	30.22	20m
4	Liana Wylie	180	27.78	20m	200	47.85	15.8m
5	Cameron Marett	200	14.31	20m	240	25.06	20m
6	Luke Meyers	200	12.44	20m	240	25.06	20m
7	Leah Mcgann	230	16.1	20m	250	47.31	20m
8	Ben Hicks	240	14.34	20m	280	25.16	20m
9	Jamie Hubbard	240	9.66	20m	260	22	20m
10	Kellie Kelly	250	19.22	20m	270	55.21	20m
11	Matt Prince	260	15.25	20m	300	43.46	20m
12	Joel Marshall	260	17.4	20m	280	22.47	20m
13	Damian Jones	260	13.34	20m	300	-	0m
14	Cam Taylor	280	32.78	20m	-	-	-
15	Michael Smit	280	15.12	20	300	22.94	20m
16	Saad Kann	300	10.7	20	400	45	15m
	Sarah Hansen	240	-	15m	260	-	3m
	Anje Kaino	250	-	15m	300	-	5m
	Andrew Devitt	260	-	15m	300	-	20m



# Iron Revolution Strength Challenge



**IRON  
REVOLUTION**

## INDIVIDUAL EVENT SCORE SHEET

**IRON  
REVOLUTION**

Event: Log Lift Date/Time: \_\_\_\_\_

Competitor name:	T-1	T-2	T-3	BEST		
1 Jill Cameron	40	45	45	40		
2 Courtney Elliot	40	50	50	40		
3 Liana Wylie	47.5	52.5	55	52.5		
4 Frances Fitzpatrick	50	60	70	60		
5 Kellie Kelly	55	60	-	55		
6 Leah McGann	55	60	65	60		
7 Luke Meyers	60	70	70	70		
8 Ben Hicks	65	75	80	75		
9 Jamie Hubbard	70	80	82.5	82.5		
10 Damian Jones	70	80	90	90		
11 Cameron Marett	80	90	90	80		
12 Matt Prince	80	90	90	90		
13 Joel Marshall	75	85	90	90		
14 Cam Taylor	95	105	105	95		
15 Michael Smit	110	115	117.5	117.5		
16 Saad Kann	115	130	140	130		
17 Adam Piper	120	130	-	120		
Sarah Hansen	50	55	60	60		
Anje Kaino	75	80	85	85		
Andrew Devitt	95	100	102.5	102.5		



# Iron Revolution Strength Challenge



**IRON  
REVOLUTION**

INDIVIDUAL EVENT SCORE SHEET

**IRON  
REVOLUTION**

Event: Deadlift Date/Time: \_\_\_\_\_

Competitor name:	T-1	T-2	T-3	BEST		
1 Courtney Eliot	90	110	110	110		
2 Jill Cameron	100	110	120	120		
3 Leah Mcgann	120	125	125	125		
4 Kellie Kelly	140	150	155	150		
5 Frances Fitzpatrick	140	160	180	180		
6 Ben Hicks	150	170	190	170		
7 Liana Wylie	160	165	-	165		
8 Jamie Hubbard	170	180	185	185		
9 Cameron Marett	180	185	-	180		
10 Luke Meyers	190	200	210	200		
11 Matt Prince	190	205	215	205		
12 Joel Marshall	190	210	220	210		
13 Damian Jones	190	210	220	220		
14 Cam Taylor	200	210	225	225		
15 Michael Smit	240	250	-	250		
16 Adam Piper	240	250	260	260		
17 Saad Kanno	250	270	285	270		
Sarah Hansen	130	140	150	150		
Anje Kaino	200	212.5	225	225		
Andrew Devitt	220	235	250	250		



**IRON  
REVOLUTION**

# Iron Revolution Strength Challenge

## INDIVIDUAL EVENT SCORE SHEET



**IRON  
REVOLUTION**

Event:

**Farmers Carry**

Date/Time: **12/12/15**

Competitor name:	T-1 (KG)	Time	Distance (m)	T-2 (KG)	Time	Distance (m)
1 Jill Cameron	50	19.41	30m	60	24.34	30m
2 Courtney Elliot	50	14.18	30m	70	23.22	30m
3 Frances Fitzpatrick	60	14.03	30m	80	20.32	30m
4 Liana Wylie	70	26.63	30m	-	-	-
5 Kellie Kelly	70	19.41	30m	-	-	-
6 Jamie Hubbard	70	11.75	30m	90	12.09	30m
7 Ben Hicks	80	13.37	30m	90	14.97	30m
8 Cameron Marett	80	13.47	30m	90	14.11	30m
9 Leah Mcgann	85	35	30m	100	-	1m
10 Luke Meyers	90	13.6	30m	100	-	30m
11 Michael Smit	100	12.97	30m	-	-	-
12 Cam Taylor	100	13.78	30m	-	-	-
13 Matt Prince	100	13.37	30m	120	15.78	30m
14 Saad Kann	110	14.37	30m	-	-	-
15 Adam Piper	120	15.54	30m	130	15.34	30m
16 Damian Jones	120	15.87	30m	-	-	-
Sarah Hansen	90	-	20m	-	-	-
Anje Kaino	120	-	30m	-	-	-
Andrew Devitt	120	-	10m	-	-	-