



**IRON  
REVOLUTION**

# Iron Revolution Strength Challenge



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## INDIVIDUAL EVENT SCORE SHEET

21/05/2017

Event: Iron Revolution Strength Challenge 1

Date/Time: \_\_\_\_\_

		Yoke 20m (10m/10m)		Overhead Anyhow	Axle Deadlift		Farmers Walk 30m (10m/10m/10m)		Notes
Competitor name:		Division	Weight	Time/Dist	Result	Weight	Reps	Weight	Time/Dist
1	Carly Bruhn	u65kg	125kg	19.50s	40kg	85kg	12	40kg	16.09s
2	Charmaine Hall	u65kg	150kg	25.35s	55kg	100kg	8	50kg	20.22s
3	Christine Mulholland	u82kg	150kg	19.94s	75kg	100kg	10	50kg	17.93s
4	Jodi Smith	u65kg	175kg	21.88s	45kg	135kg	1	70kg	24.47s
5	Lyn Manzunzu	u82kg	175kg	24.32s	45kg	100kg	8	60kg	26.15s
6	Nicol Gray	Open	175kg	22.25s	55kg	120kg	9	60kg	19.13s
7	Victoria Stewart	Open	175kg	14.47s	55kg	120kg	12	60kg	18.72s
8	Katie Davenport	Open	200kg	18.16s	55kg	120kg	4	70kg	23.78s
9	Zoya Maree	u82kg	225kg	25.44s	65kg	135kg	0	70kg	20.56s
10	Tracy Mcurtry	u82kg	225kg	7.03m	50kg	135kg	3	80kg	20m
11	Claire Chisholm	u82kg	225kg	6.60m	60kg	135kg	6	70kg	28.65s
12	Beth Dodds	Open	225kg	18.37s	75kg	155kg	2	70kg	24.44s



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			Weight	Time/Dist	Result	Weight	Reps	Weight	Time/Dist	
1	Josh Lim	u90kg	220kg	19.2s	90kg	170kg	7	75kg	19.56s	
2	Garry McPherson	u90kg	260kg	34.91s	100kg	195kg	3	95kg	29.34s	
3	Simon Hollis	u105kg	260kg	12.57s	130kg	220kg	4	125kg	33.03	
4	Paul Saigar	u105kg	260kg	18.25s	90kg	170kg	11	95kg	21.78s	
5	Justin Kuyken	u105kg	260kg	15.13m	INJ	INJ	-	INJ	-	
6	Mason Dannatt	u80kg	300kg	60s	80kg	125kg	8	95kg	32.97s	
7	Eric Dodge	u90kg	260kg	6.06m	80kg	170kg	9	75kg	37.12s	
8	Jeremy Muir	u90kg	300kg	42.94s	80kg	195kg	7	110kg	30s	
9	Ryan Bumpstead	u90kg	300kg	20.13s	100kg	195kg	6	110kg	23.52s	
10	Jarrold Riordan	u105kg	300kg	45.07s	80kg	220kg	6	125kg	12.56m	
11	Ben Hicks	u90kg	340kg	9.95m	70kg	170kg	4	110kg	25.39s	
12	Jamie Hubbard	u105kg	340kg	35.90s	100kg	195kg	4	95kg	23.72s	
13	Sebastian Pilami	HW	350kg	16.85s	110kg	295kg	5	150kg	23.49m	
14	Aaron Roberts	HW	350kg	11.95m	100kg	220kg	1	110kg	25.65s	
15	Dave Park	HW	400kg	12.02m	130kg	295kg	6	130kg	23.49m	
16	Damian Jones	HW	400kg	52.41s	110kg	255kg	3	130kg	50.47s	