

**STAND  
SUBMIT**



## The 2018 Iron Revolution Strength Challenge 1

#	NAME	DIV	AXLE SQUATS		MONSTER DB		DEADLIFT		FARMERS HOLD	
			WT	REPS	1st	FINAL	1st	MAX	WT	TIME
1	Charmaine Hall	U65	70	17	20	25	80	140	60	71.59
2	Jen Brice	U65	70	7	22.5	25	80	120	60	94.89
3	Chantelle Connor	U65	105	13	27.5	32.5	120	160	70	39.91
4	Dena Helmrich	U65	70	21	37.5	37.5	100	130	80	32.69
5	Paul Ryan	U80	130	12	30	35	180	220	80	45.19
6	Darren	U90	135	12	45	50	210	250	95	42.16
7	Alex Hill	U80	130	4	40	45	190	230	105	61.72
8	Anje Kaino	U90	210	5	55	55	210	250	120	17.38
9	Aaron Roberts	HW	0		40	60	220	240	120	20.78
10	Jamie Hubbard	U105	205	3	62.5	62.5	210	230	140	45
11	Rowan Pratt	U105	200	4	70	72.5	250	290	140	24.22
12	Taylor O'Moore	HW	240	0	65	70	280	320	150	12.62
13	Michael Cunningham	HW	270	2	75	82.5	310	370	200	4.45
14	Beth Dodds	Open	-	-	45	50	-	-	-	-
15	Ryan Fuller	U80	-	-	62.5	66.5	-	-	-	-